

## QUICK & SEXY FAQ

# GLORIA TRATTORIA & CIRCOLO POPOLARE

### HOW TO BOOK?

Bookings are available only on our website, you can check out our guidelines here [Circolo Popolare](#) and [Gloria Trattoria](#)

- Bookings open 30 days in advance on the website.

### FOR EXISTING BOOKINGS

Any amendments (including date, time and number of guests) can only be amended by the customer via the confirmation email or booking widget. If no availability is shown, that means we are fully booked, and cannot make further amendment.

Please note your confirmation email may have arrived in your spam folder.

### BIG GROUPS & PRIVATISATIONS UPDATE

- For Groups (Gloria: 9-16, Circolo Popolare: 9-24): Please see each trattoria's webpage, under 'Big Groups', to make a booking via the link. These bookings open 37 days in advance.

- For Privatizations: 45 days in advance. Please email [amore@bigmamma.com](mailto:amore@bigmamma.com)

### WHAT TIME SHOULD I COME AS A WALK IN TO GET A TABLE?

We recommend arriving at the beginning of the service (12pm, 5:00-5:15pm). If the restaurant is full when you arrive, we will give you an estimated waiting time. Unfortunately sometimes we won't be able to accommodate you, because our waiting list is full, too.

### HOW TO BOOK? DIETARY REQUIREMENTS & ALLERGIES

A few of our dishes are available in their delicious Vegetarian, Vegan and GF options. These are labelled on our menus available on the website.

- Sorry amici, we don't have GF pasta or pizza

- Common allergens are labelled on our menus, but please bear in mind dishes can contain traces of allergens and gluten. For more extensive list, please ask your waiter

### DOGS & BABIES, CUTE LITTLE THINGS

Cute babies and dogs are welcome in our restaurants (just no pets on the flowery carpet downstairs at Gloria). Just ask your waiter for a high chair if you need one ;)

### VOUCHERS?

- Sorry, we currently don't sell any ~~ouchers for our restaurants!~~

- If you've received a Breakfast voucher - please note those are no longer valid

### MEASURES TAKEN IN OUR RESTAURANTS - COVID-19

- We are placing our customers' and team's safety at the highest priority. Below you can find out the measures taken in Gloria and Circolo to ensure the well-being of everyone visiting.

- There is regular and mandatory disinfection of surfaces, touch points, door handles, faucets, toilets, card machines, tables, etc.

- We take temperature checks of all staff twice daily;

- Our team wear face masks if they are not fully vaccinated;

- Mandatory hand-washing every 20 mins and use of hydroalcoholic gels throughout as often as possible for the whole staff;

- We provide individual single use menus for each customer & online menu QR code option is available too;

- We provide face masks for your transition to & back your table if you desire;

- Hydroalcoholic gels are available throughout the restaurant and at entrance and exit points;

- The increased booking availability is to reduce queues as much as possible.



# ALLERGENS

## GLORIA

### ANTIPASTI

Focaccia della Nonna - gluten (wheat)

Duo di Salami - N/A

Prosciutto di Parma 24 Mesi - N/A

Smoked Stracciatella - milk

The Olive Trinity - N/A

Burrata con Nduja - gluten (wheat), milk

Naked Attraction - milk

Tutti prodotti - milk, gluten (wheat)

Un-fig-ettable bruschetta - gluten (wheat), milk, sulfites

Frittatina alla Mortadella - gluten (wheat), milk, tree nuts (pistachio), soya, sulfites

Fritto di Verdura - soya, sulfites

Panzerotto al Pomodoro - milk, gluten (wheat),

Let's Taco About Ceviche - fish, gluten (wheat), mustard, sulfites

### PRIMI

Paccheri Al Pomodoro - celery, gluten (wheat), milk

Gloria's Pasta al Tartufo - milk, gluten (wheat)

La Gran Carbonara - milk, gluten (wheat), egg

Musseling In - gluten (wheat), molluscs

Caramelle Salsiccia & Friarielli - eggs, gluten (wheat), milk, sulfite

Feeling Cannelloni? - celery, gluten (wheat), milk

Pasta alla Lamb-orghini - celery, gluten (wheat), milk

### PIZZA NAPOLETANA

Mammargherita di Bufala - milk, gluten (wheat)

Brexitalia Truffle - milk, gluten (wheat)

Less Drama, More Pesto - gluten (wheat), milk, tree nuts (nut pecan)

Too Hot to Handle - gluten (wheat), milk

Living on the Veg - gluten (wheat)

Dancing Queen - gluten (wheat), milk

Hamela Anderson - gluten (wheat), milk

Egg & Truffle [brunch only] - eggs, gluten (wheat), milk



### SECONDI

Gloria's Tagliata con Cipolle per 2 - gluten (wheat), sulfites

Spezzatino di Manzo - celery, gluten (wheat), sulfites

### SALAD

The Big Autumnal Chopped Salad - tree nuts (nut pecan), sulfites

[+ Add herby whipped ricotta + £3] - milk

Big Mamma's Very Zest Carpaccio - mustard, sulfites

### SIDES

Patatine al Forno - N/A

Piccola side salad with parmigiano - milk, sulfites

### DOLCI

Il Tiramisù -milk, gluten (wheat), eggs

The Incomparable Lemon Pie - milk, gluten (wheat), eggs, almonds, fish

Pannacautumn - egg, fish, milk

Gelato pistachio di Bronte - pistachio, milk

Sorbetto del Giorno - please ask about the day's sorbet information

Chocolate al Porno - eggs, gluten (barley, wheat), milk, soya, treenuts (hazelnut)

Get Chip Faced - eggs, gluten (wheat), milk, soya, tree nuts (hazelnuts)

Pizza alla Nocciolata - milk, hazelnut, gluten (wheat)

Apple Pillows - gluten (oats, wheat), sesame

### BRUNCH (WEEKENDS ONLY)

Big Banana Pancakes - milk, egg, gluten (wheat)

Pear-fect French Toast - eggs, gluten (wheat), milk, tree nuts (almonds, hazelnuts), soya traces

Granola d'Autunno - sesame, tree nuts (salmonds, nut pecan)

Eggs alla Fiorentina - milk, egg, gluten (wheat), sulphite

Scrambled Eggs Toast - milk, gluten (wheat), egg

Italian Breakfast Sandwich - mustard, sulphite, egg, gluten (wheat)

